

## Chrysalis Events March 2010

### MARCH 2010

Wed 10th ~ 7.30-9.30pm Reiki & Meditation Sharing Circle with Steve Sheppard, Sacred Hoop Reiki Academy. £4

Tues 16th ~ Energy and Angelic Awareness Course with Justine. Contact her for more details.

Sat 20th ~ 1.30-4.30pm **OPEN EVENT - "Stop Smoking" & Cancer Awareness**. Information and advice, talks & demonstrations, mini treatments and refreshments available.

Tues 23rd ~ 6.00-10.00pm. Drawing and Painting Angelic Landscapes with Justine. Contact her for details.

Thurs 25th ~ 7.30-10.00pm Get Connected Health Professionals Network Meeting

Fri 26th ~ 6.00-10.00pm Drawing Dolphins Course with Justine.

Sat 27th ~ 11.00am-12.30pm Deep Relaxation Group. Guided Relaxation, meditation and more as part of a small group. Limited places so please pre-book. £10

Sun 28th ~ 10.00am-5.00pm. Drawing and Painting Dragons with Justine.